

35th Annual Shawsville 5K

July 4th, 2016

Rainy weather had been in the forecast, but instead of proving a burden it turned into a blessing at race time. Low flying clouds settled beautifully onto the hilltops near the starting line and the temperature fell into the low 60s. So conditions for distance running were pretty close to ideal when the gun sounded at 0800.

The number of entrants this year was 186 and the number of family teams was eleven, the former of which was somewhat below average for our event. But the race went smoothly and there were no glitches with timing or the results, which were expeditiously reported. The post-race ceremonies were concluded more quickly than last year (by about a half-hour), which is to say, by 10:30. My thanks to the back-room crew for their most efficient job ever!

Trevor Dominy lowered his time from last year by more than a half-minute to win the men's trophy. He was the only entrant in the field to run sub-16 this year. On the women's side, **Natalie Patterson** was our champion. Congratulations to you both! We hope you'll return next year to defend.

There was a surprise ending to the *Fastest Family* competition, given that last year's winners, the **Dominy family**, were there to defend, plus the two-time champions, the **Edwards family**, were at full strength. Meanwhile the perennially strong **Fortner family** were in the mix, too. And then there was the **O'Sullivan family** from West Virginia, who were comprised of great young runners with ages advantageous for our cross-country style scoring system. So who won? See the separate *Fastest Family* results to find out.

Overall Winners

Men	Time	Women	Time
1. Trevor Dominy (FF)	15:57	1. Natalie Patterson	19:01
2. Tyler Kuchan	16:35	2. Katie Fortner (FF)	19:23
3. Jason Weitzel	16:41	3. Ailene Edwards (FF)	19:51

Women's Results

Names in ***bold*** won their age category last year also. Overall winners—who received trophies and not medals—are shown within their respective age groups for the purpose of correctly scoring the *Fastest Family* competition.

11 & under

1. Danielle Dodson	27:25	4. Keely Semtner	33:42
2. Ella Semtner	31:00		
3. Elayna Weatherspoon	31:45		

12 - 15

1. Ailene Edwards OA	19:51	9. Ireland O'Sullivan	24:41
2. Erin O'Sullivan	21:05	10. Ashley Dodson	25:05
3. Rachel Millirons	21:18	11. Lauren Dodson	25:55
4. Maddie Yancey	21:36	12. Ellie Underwood	27:53
5. Carly Wilkes	22:04	13. Sarah Weatherspoon	29:11
6. Caitlin Dominy	22:29	14. Alexis Andrews	29:37
7. Gillian Nichols	23:54	15. Logan Dunkenberger	30:22
8. Zoe Belshan	24:05	16. Emily Raczynski	36:09

16 - 19

1. Hannah Belshan	20:35	4. Patricia Flick	32:36
2. Eliza Stowe	21:31	5. Hayley Hillison	42:11
3. Kenna Knowles	22:17		

20 - 24

1. Natalie Patterson OA	19:01	5. Kendall Jenkins	30:03
2. Katie Fortner OA	19:23		
3. Elizabeth Wilson	23:45		
4. Amanda Wade	25:57		

25 - 29

1. Virginia Adams	22:30	4. Krista Pattison	28:01
2. Allison Rahtes	22:45		
3. Megan Roland	26:21		

30 - 34

1. Chelsea Wilson	20:14	4. Heather Staley	27:38
2. Layne Link	26:04	5. Susan Vishneski	28:32
3. Molly Upthegrove	27:03	6. Kate Stewart	37:32
		7. Adrienne Smith	45:45

35 - 39

1. Stacie Maquire	20:50	4. Lauren Surface	27:43
2. Amanda Gwinn	23:26	5. Tiffany Shoop	30:26
3. Sara Kate Milton	26:00		

40 - 44

1. Kim Parker	21:17	4. Danielle Waters	28:08
2. Kim Kitts	24:34	5. Mona Semtner	35:48
3. Kari Howard	26:22	6. Andrea Meadows	37:54
		7. Sara Perks	42:25

45 - 49

1. Cortney Martin	21:50	4. Linda Jilk	35:58
2. Tamara Harless	30:09	5. Sarah Hill	37:34
3. Rachel Collins	31:03	6. Laura Hunt	43:50
		7. Robin Wilson	45:25

50 - 54

1. Shawn Fortner	23:21	7. Karen Hicks	33:13
2. Rosa Bowles	27:17	8. Julie Jeavons	33:41
3. Deidre Wilkes	30:04	9. Sheila Lynch	39:54
4. Molly Prater	30:10	10. Tammy Wiley	39:55
5. Penny White	30:19	11. Amy Knowles	41:07
6. Sharon Walters	32:37	12. Penny Wagner	45:24

55 - 59

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60 - 64

1. Yuriko Renardy	27:09		
2. Amy Rockhill	27:49		
3. Crisandra Tephabock	31:15		

65 - 69

1. Joy Cecil	42:01		
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70-74

1. Rebecca Sears	37:55		
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75 & Over

1. Maxine Drewry	44:08		
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Men's Results

Names in **bold** won their age category last year also. Overall winners—who received trophies and not medals—are shown within their respective age groups for the purpose of correctly scoring the *Fastest Family* competition.

11 & under

1. Ian Gates	24:01	6. L. R. Gilbert	26:07
2. Kyle Roach	24:44	7. Alec Elkins	26:25
3. Louis Semtner	24:53	8. Kevin Gilbert	31:10
4. Michael O'Sullivan	25:15	9. Kellan Stewart	35:53
5. Jackson Swanson	25:58	10. Liam Smith	45:47

12 - 15

1. Ethan Mills	18:21	8. Brady Semtner	23:45
2. Mason Connor	19:56	9. Ryan Wilkes	25:55
3. Matthew Burns	20:16	10. Haden Tolbert	26:47
4. Nate Gilbert	20:57	11. Jack Waters	27:13
5. Riley Geddes	20:59	12. Jakey Gilbert	27:41
6. Jackson Schulz	21:00	13. Vincient Keeling	29:13
7. Lance Elkins	23:35		

16 - 19

1. Trevor Dominy OA	15:57	5. Allen Hill	25:19
2. Tyler Kuchan OA	16:35	6. Benjamin Jenkins	29:30
3. Jason Weitzel OA	16:41		
4. Ethan Edwards	16:56		

20 - 24

1. David Loving	22:13	4. Julian Stewart	25:56
2. Jordan Akers	23:00		
3. Luke Wilson	25:09		

25 - 29

1. Jordan Chang	17:19	4. Jake Vishneski	21:30
2. Brandon Bear	18:29	5. Zach Milton	25:04
3. Robert Walkiewicz	20:02		

30 - 34

1. Brennan Stewart	35:57		
2. Billy Moss	48:29		

35 - 39

1. Daniel Kolasa	18:15		
2. Matthew Wright	21:04		
3. Damien Wilson	21:11		

40 - 44

1. Andy Norton	17:27	7. John Shumate	22:39
2. Todd Reighley	18:41	8. Jeff Meadows	22:54
3. Carmen Dunford	19:27	9. Brian Waters	25:49
4. Matt Tolbert	22:03	10. William Akers	30:28
5. F. Gilbert	22:16	11. Jonathan Penn	31:35
6. Rob Semtner	22:36		

45 - 49

1. Michael Stowe	20:07	6. Danny Dodson	24:23
2. Erik Olsen	20:14	7. Neil Swanson	25:57
3. Matthew Togo	20:15	8. Tim Fuhrer	28:54
4. Jonathan Schulz	21:31	9. Jeff Hillison	32:41
5. Brent Hill	22:33		

50 - 54

1. Marc Edwards	18:33	5. Jeff Wilson	24:14
2. Doug Falls	22:06	6. Michael Klemba	24:30
3. Rob Prom	22:27	7. Tracey Tawney	27:42
4. Mike Fortner	22:31	8. Bill Alsdurf	30:02

55-59

1. Brent Lynch	20:54	4. Paul Dominy	23:21
2. Cameron Patterson	21:24	4. John Bode	24:43
3. Randy Burrier	22:25		

60-64

1. Tom Inzana	22:08	4. Michael Casciere	26:18
2. Barry Skiles	23:09	5. George Morgan	26:41
3. Randy Tephabock	23:11	6. Joseph Carley	32:22
		7. Jack Steehler	34:18

65-69

1. John Gregory	23:40		
2. John Atthowe	25:33		
3. Tom Roth	26:52		

70-74

1. Harold Ingram	24:45	4. John Hillison	36:45
2. Mike Sanborn	28:28		
3. Walt Eanes	29:47		

75 & Over

1. Jim Gregory	44:49	
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Fastest Family Results

Eleven families competed in this year's race, four of whom had either won or medaled in previous years. But two of them were unfortunately also competing against injuries this year and this went against their efforts.

In the end, it was the unranked **Ingram family** that took the day, particularly given the cross-country style, age-group scoring system. (We intentionally adopted this scoring system from the start, first, because the race has its roots in cross country, and second, because it favors multi-generational families, thereby epitomizing running as a lifetime sporting activity.) In this case, we must deeply respect Grandfather Harold's longevity in the sport and the spirited energy of his grandchildren who are new to it.

Notice that had the race instead been scored by cumulative time (which is the tie-breaking procedure) the outcome would have been very different!

Family	Name	Age	Score	Time
1. Ingram	Harold	73	1	24:45
	Gates	11	1	24:01
	Roach	9	2	24:44
			Total 4	73:30
2. Edwards	Marc	52	1	18:33
	Ailene	15	1	19:50
	Ethan	17	4	16:56
			Total 6	55:19
3. Fortner	Shawn	52	1	23:21
	Katie	20	2	19:23
	Mike	52	4	22:31
			Total 7	65:15
4. Dominy	Trevor	18	1	15:57
	Paul	55	4	23:21
	Caitlin	14	6	22:29
			Total 11	61:47